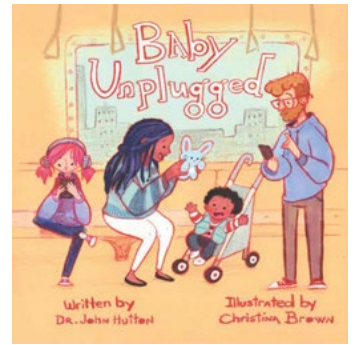


& SCREEN FREE WEEK CHILDREN'S BOOK WEEK

A book list to help kids & families
disconnect from screens and reconnect
with each other and the wider world!

Brought to you by The Children's Book Council in honor of both Screen-Free Week and Children's Book Week, May 4-10, 2026

Baby Unplugged. Written by Dr. John Hutton. Illustrated by Christina Brown. Blue Manatee Press. —Fiction, Alternatives to Screen Time, Infant Development, Baby Unplugged. Ages 0-3



My First Black and White Book: Play. Written by Pascale Estellon. Translated by Post Wave Children's Books Illustrated by Pascale Estelle. Post Wave Publishing. —Fiction, Colors, Games & Activities, Family. Ages 0-3

So Loved: Baby's High-Contrast Board Book. Written & illustrated by Emily Barton. Free Spirit Publishing. —Fiction, High-contrast, Emotional Connection, Belonging. Ages 0-3

Catch! Written by Trish Cooke. Illustrated by Ken Wilson-Max. Charlesbridge. —Fiction, Concepts, Play, BIPOC, Ages 0-5

Flowers Bloom. Written by Mélina Mangal. Illustrated by Stella Lim. Free Spirit Publishing. —Fiction, Nature, Social Emotional Learning, Senses. Ages 0-5

Buzz! Boom! Bang!: The Book of Sounds. Written & illustrated by Benjamin Gottwald. NorthSouth Books. —Fiction, Interactive, Imagination, Play. Ages 0-7

Kojo Goes to the Library. Written by Dr. Artika Tyner. Illustrated by Bilal Karaca. Planting People Growing Justice Press. —Fiction, Social Emotional Learning, BIPOC Characters, How-to. Ages 0-7



Mara Plants a Seed. Written by Robert Furrow & Donna Jo Napoli. Illustrated by Melissa Bailey. Science, Naturally! —Fiction, Gardening, Community, Persistence. Ages 0-7

Wonder in the Garden. Written by Talia Aikens-Nuñez. Illustrated by Irena Freitas. Penguin Young Readers / Nancy Paulsen Books. —Fiction, Colors, Spanish Language, Nature. Ages 0-7

Dark Skies. Written by Lindsey Hobson. Illustrated by Makenzie McCarthy. The Little Press. —Fiction, Dark Sky, Nature, Family. Ages 3-5



There's Science in Eggs. Written by Cécile Jugla & Jack Guichard. Illustrated by Laurent Simon. Kane Miller Books. —Nonfiction, STEM, Activity, Experiments. Ages 3-5

Bored Panda. Written by Mike Bender. Illustrated by Chuck Dillon. Random House Children's Books / Random House BFYR. —Fiction, Imagination, Exploration, Humor. Ages 3-7

Chalk the Walk. Written by Chelsea Tornetto. Illustrated by Laurel Aylesworth. Familius. —Fiction, Imagination & Play, Art, Colors. Ages 3-7





Deep Breath, Little Whisper. Written by Scott James. Illustrated by Irina Avgustinovich. Zonderkidz. —Nonfiction, Prayer, Anxiety, God. Ages 3-7

Far, Far Away. Written by Molly Beth Griffin. Illustrated by Bao Luu. Charlesbridge. —Fiction, Camping, New Experience, LGBTQIA+. Ages 3-7

Fireworks. Written by Matthew Burgess. Illustrated by Cátia Chien. HarperCollins Children's Books / Clarion Books. —Fiction, Holidays, Lifestyles, Family. Ages 3-7

I Tell You That I Love You. Written by Tanaya Winder. Illustrated by Kiyary Dominguez. Phoenix International Publications / Sunbird Books. —Fiction, Family, Nature / Environment, Social Emotional Learning. Ages 3-7

If You Go Walking. Written by Erin Alladin. Illustrated by Miki Sato. Pajama Press. —Fiction, Science & Nature, Gardening, Curiosities & Wonders. Ages 3-7

Kindness Rocks. Written by Megan Murphy. Illustrated by Jiajia Hamner. Familius. —Fiction, Friendship, Art, Emotions & Feelings. Ages 3-7

Let's Play Rugby. Written by Gordon D'Arcy, Paul Howard. Illustrated by Ashwin Chacko. Little Island Books. —Fiction, Sports & Recreation, Adventures, Beginning Reader. Ages 3-7



A Maker of Dresses. Written by Violet Lemay & Michael Sampson. Illustrated by Violet Lemay. Brown Books Publishing Group. —Fiction, Creativity, Fashion, Imagination. Ages 3-7

Mindful Magic. Written by Christy Monson. Illustrated by Teresa Bellón. Bushel & Peck Books. —Nonfiction, Health & Daily Living / Mindfulness & Meditation. Ages 3-7

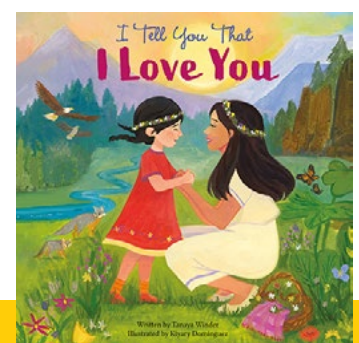
My First Ballet Class. Written by Alyssa Satin Capucilli. Photographs by Leyah Jensen. Simon & Schuster / Simon Spotlight. —Nonfiction, Sports, Games, Recreation. Ages 3-7

My Karate Class. Written by Alyssa Satin Capucilli. Photographs by Leyah Jensen. Simon & Schuster / Simon Spotlight. —Nonfiction, Sports, Games, Recreation. Ages 3-7

My Shadow. Written by Catherine Ciochi. Illustrated by Aline Cardoso Macedo e Silva. Lawley Publishing. —Fiction, curiosity, shadows, discovery. Ages 3-7

Not Finished Yet. Written by Sharon Garlough Brown. Illustrated by Jessica Linn Evans. InterVarsity Press / IVP Kids. —Fiction, Art, Emotions, Christian. Ages 3-7

On Our Way! What a Day! Written by JaNay Brown-Wood. Illustrated by Tamisha Anthony. Penguin Young Readers / Nancy Paulsen Books. —Fiction, Family, Music, Imagination. Ages 3-7



Piper's Fort Frenzy. Written by Cortney Cino. Illustrated by Luis Peres. Whimsirev Books. —Fiction, Imaginative Play, Fort Building, STEM Humor. Ages 3-7

A Pocket Full of Rocks. Written by Kristin Mahoney. Illustrated by E. B. Goodale. Random House Children's Books / Knopf BFYR. —Fiction, Imagination, Creativity, Environment. Ages 3-7

Small Steps, Big Change. Written by Annemarie Cool. Illustrated by James Jones. Tiger Tales Books. —Fiction, Social Themes, Recycling & Green Living, Activism & Social Justice. Ages 3-7

Stomp. Written by Uncle Ian Aurora. Illustrated by Natalia Moore. Flowerpot Press. —Nonfiction, Humor, Imagination & Play, Stories in Verse. Ages 3-7

We Can Play Anything. Written & illustrated by Marit Tornqvist. Floris Books. —Fiction, Imagination & Play, Friendship, Animals. Ages 3-7

What If Bedtime Didn't Exist? Written by Francine Cunningham. Illustrated by Mathias Ball. Annick Press. —Fiction, Imagination, Play, Bedtime. Ages 3-7

You Can Throw a Party! Written by Jan Gniffke. Illustrated by Rebeca J. Pintos. Brown Books Publishing Group. —Fiction, Celebration, Community, Fun. Ages 3-7

A Chest Full of Words. Written & illustrated by Rebecca Gugger & Simon Röthlisberger. Translated by Tim Mohr. NorthSouth Books. —Fiction, Concepts, Imagination, Play. Ages 3-9

Forest Bath. Written by Jen Barton. Illustrated by Felishia Henditirto. American Psychological Association / Magination Press. —Fiction, Mindfulness, Senses, Trees. Ages 3-9

Happy Birthday to You! The Sisters Who Wrote the Most Famous Song in the World. Written by Rachelle Burk. Illustrated by Abigail Lashbrook. Creston Books. —Nonfiction, Music, Creativity, Fun. Ages 3-9

How to Find a Four-Leaf Clover. Written by Donna Boock. Illustrated by John Joven. Indigo Books. —Fiction, Nature, Adventure, Social Emotional Learning, Positive Thinking, Growth Mindset. Ages 3-9

In the City: An Adventure for Your Senses. Written & illustrated by Mariona Tolosa Sisteré. Translated by Susan Ouriou. Owlkids Books. —Fiction, Nature, Senses, Community. Ages 3-9

Mindful Nature: Connecting With Our Great Green World. Written by Paige Towler. Illustrated by National Wildlife Federation. American Psychological Association / Magination Press. —Nonfiction, Nature, Mindfulness, Feelings. Ages 3-9



This Book Is Too Quiet. Written by Cristina Cubells. Illustrated by Joana Casals. What on Earth!
—Fiction, Sounds, Interactive Adventures, Imagination & Play. Ages 3-9

Art'bracadabra. Written & illustrated by Raphael Garnier. Translated by Post Wave Children's Books.
Post Wave Children's Books. —Nonfiction, Games & Activities, Art, How-to. Ages 5-7



First Big Book of How. Written by Sally Symes. Illustrated by Kate Slater. What on Earth!
—Nonfiction, Curiosities & Wonders, Technology, Games & Activities. Ages 5-7

Mr. Search and Mrs. Find. Written & illustrated by CSIL. Post Wave Publishing.
—Fiction, Activity Books, Art, Games. Ages 5-7

My Quiet Place. Written by Monica Mikai. Chronicle Books.
—Fiction, Neurodiversity, Social Emotional Learning, Concepts. Ages 5-7

Play Proud. Written by Rob Sanders. Illustrated by Izzy Evans. Beaming Books.
—Nonfiction, Biography, LGBTQIA+, Sports & Recreation. Ages 5-7

Awe! Written by Chana Stiefel. Illustrated by Susan Gal. Scholastic / Scholastic Press.
—Nonfiction, Wonder, Exploration, Empowerment. Ages 5-9

Color Your Own Stickers, Volume 2. Written by Pipsticks®+Workman®. Hachette Book Group / Workman Kids. —Nonfiction, Coloring, Stickers, Crafts. Ages 5-9

How to Read a Very Serious Book. Written by Mireille Messier. Illustrated by Kelly Collier. Owlkids Books. —Fiction, Books, Humor, Imagination. Ages 5-9

Mighty Mindsets. Written by Niamh Doyle. Illustrated by Carol Betera. Little Island Books. —Nonfiction, Mindfulness & Meditation, Feelings, Daily Activities. Ages 5-9

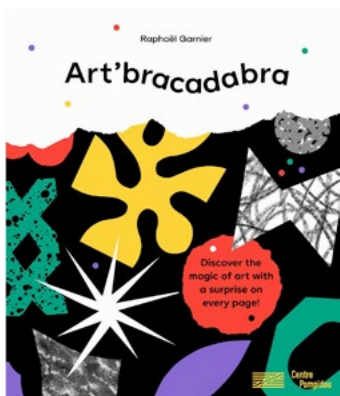
Cluedle: The Case of the Dumpleton Diamond (Book 1). Written by Hartigan Browne. Hachette Book Group / Workman Kids. —Fiction, Puzzles, Mystery, Activity. Ages 5-12

The Grand Hotel of Feelings Workbook. Written & illustrated by Lidia Brankovic. Cicada Books. —Nonfiction, Health & Daily Living, Mindfulness & Meditation, Activity Books. Ages 5-12

Our Big Table. Written & illustrated by Lisa Voisard Translated by Jeffrey K. Butt. Helvetiq. —Nonfiction, Cooking & Food, Technology, Health & Daily Living. Ages 5-12

Story Power. Written by Stephanie M. Wildman & Simon Chung. Illustrated by Estefania Razo. Lawley Publishing. —Fiction, Creativity, Storytelling, Imagination. Ages 5-12

B Is For Bibliophile. Written by O.E. Zelmanovich. Illustrated by Lauren Simkin Berke. Enchanted Lion Books.
—Nonfiction, Books, Reading, Concepts, Fact & Trivia. Ages 5-12+



Climate Action for Kids. Written by Ian Hunt. AdventureKEEN. –Nonfiction, Science, Nature, Environmental Conservation. Ages 5-12+

Pollinators & Native Plants for Kids. Written by Jaret C. Daniels. AdventureKEEN. –Nonfiction, Nature, Science, Gardening. Ages 5-12+

Going Camping. Written by Bear Grylls. Kane Miller Books. –Nonfiction, Survival, Nature, Handbook. Ages 7-9

Ami Moon and the Galactic Peacekeepers. Written by Frances Lee. Levine Querido. –Fiction, Anime, Science Fiction, Family. Ages 7-12

The Big Book of Pi. Written by Jean-Baptiste Aubin & Anita Lehmann. Illustrated by Joonas Sildre. Helvetiq. –Nonfiction, Science & Nature, History, Comics & Graphic Novels. Ages 7-12

Chip and Chatti Save the Farm. Written by Hiedi Paul. Catalyst Press. –Fiction, Adventure, Animals, Farms. Ages 7-12

How Do Seeds Grow Into Gardens? Written by Grider Clayton. Illustrated by Srimalie Bassani. Flowerpot Press. –Nonfiction, Gardening, Science & Nature, Flowers & Plants. Ages 7-12

How Do You Become a Mad Scientist? Written by Madeline J. Hayes. Illustrated by Srimalie Bassani. Flowerpot Press. –Nonfiction, Science & Nature, Technology, How-to. Ages 7-12

MAKING it up as you go along. Written by Patricia Forde. Illustrated by Mary Murphy. Little Island Books. –Nonfiction, Creative Writing, Language Arts, How-to. Ages 7-12

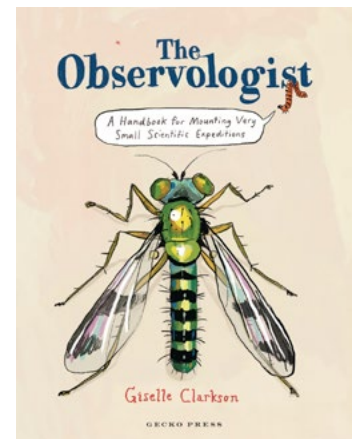
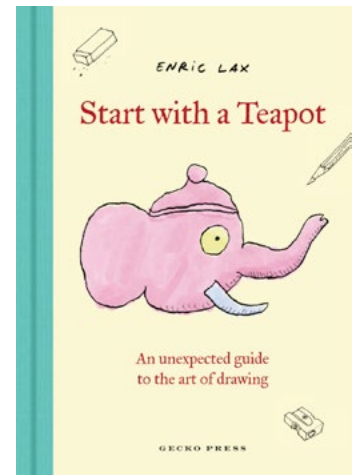
The Observologist. Written & illustrated by Giselle Clarkson. Gecko Press. –Nonfiction, Environmental Science & Ecosystems, Animals, Biology. Ages 7-12

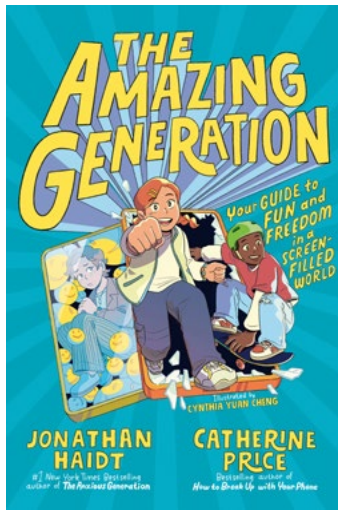
Omnibird. Written & illustrated by Giselle Clarkson. Gecko Press. –Nonfiction, Animals, Science & Nature, Birds. Ages 7-12

Science FACTopia. Written by Rose Davidson. Illustrated by Andy Smith. What on Earth! –Nonfiction, Curiosities & Wonders, Science & Nature, Technology. Ages 7-12

Sleep: A Kid's Guide to the Science of Slumber. Written by Wendy Bjazevich. Illustrated by Juliana Eigner. Bushel & Peck Books. –Nonfiction, Science & Nature, Anatomy & Physiology. Ages 7-12

Smash, Crash, Topple, Roll! Written by Catherine Thimmesh. Illustrated by Shanda McCloskey. Chronicle Books. –Nonfiction, Biography, Science, Experiments. Ages 7-12





Start with a Teapot. Written & illustrated by Enric Lax. Gecko Press.
—Fiction, Art, Humor, Imagination & Play. Ages 7-12

The Amazing Generation. Written by Jonathan Haidt & Catherine Price. Illustrated by Cynthia Yuan Cheng. Penguin Young Readers / Rocky Pond Books. —Nonfiction, Screen-Free Childhood, Child Mental Health, Family Digital Habits. Ages 7-12+

Ask Scarlett Can Being Outside Help Me De-Stress? And More Questions About Nature and You. Written by Rebecca Baines. Illustrated by National Wildlife Federation. American Psychological Association / Magination Press.
—Nonfiction, Screen Time, Mindfulness, Nature. Ages 7-12+

Do Not Disturb. Written by Brad Marshall & Lindsay Hassock. Illustrated by Lauriane Bohémier. Abrams BFYR / Magic Cat. —Nonfiction, Unplugging, How-to, Advice. Ages 7-12+

Shout at the Thunder. Written by Greg Takoudes. Regal House Publishing. —Fiction, Tourettes Syndrome, Magic, Mystery. Ages 7-12+

When You Look Up. Written & illustrated by Decur Translated by Chloe Garcia Roberts. Enchanted Lion Books. —Fiction, Screen-Free Adventure, Exploration, Imagination, Graphic novel. Ages 7-12+

At the Top of the World: The Greatest Mountains on Earth (and How to Climb Them). Written by Robin Jacobs. Illustrated by Ed J. Brown. Cicada Books. —Nonfiction, Places, Science & Nature, Sports & Recreation. Ages 9-12

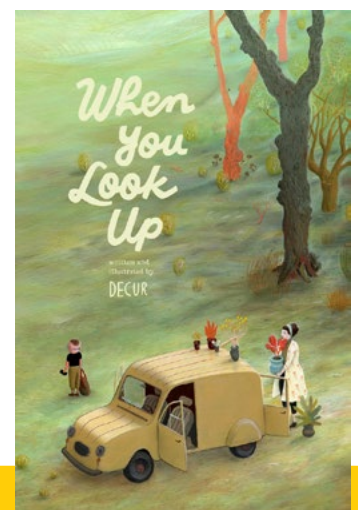


The Endless Game. Written by J.D. Amato. Illustrated by Sophie Morse. Simon & Schuster BFYR. —Fiction, Sports/Games, Friendships, Family/Community. Ages 9-12

In the Dragon's Fiery Lair. Written by Lois Wickstrom & Jean Lorrh. Illustrated by Ada Konewki. Look Under Rocks. —Fiction, Fantasy, Family, Dragons. Ages 9-12

Insectorama. Written & illustrated by Lisa Voisard Translated by Jeffrey K. Butt. Helvetiq. —Nonfiction, Science & Nature, Animals, Insects. Ages 9-12

Snoop. Written by Gordon Korman. Scholastic / Scholastic Press.
—Fiction, Spies, Curiosity, Discovery. Ages 9-12



Every Child a Reader is proud to partner with the International Play Association, celebrating both Children's Book Week and Screen-Free Week May 4-10, 2026.



ABOUT CHILDREN'S BOOK WEEK

Established in 1919, Children's Book Week is the longest-running national literacy initiative in the country. Every year, young people across the country participate by attending events at schools, libraries, bookstores, celebrating at home, and engaging with book creators both online and in person. The 2026 Children's Book Week will take place during two dedicated weeks of celebration, May 4-10 and November 9-15, 2026! Find ideas and free resources at everychildareader.net/cbw.



ABOUT SCREEN FREE WEEK

Screen-Free Week is held annually during the first full week of May. While these dates support national awareness, Screen-Free Week can be observed at any time during the year, or several times per year. Bringing awareness to the harmful impacts on children and teens' development helps families, schools, and administrators make informed decisions. Celebrated in the United States and in several other countries for 30 years, Screen-Free Week was founded in 1994 to encourage the reduction in TV viewing. The name was changed to Screen-Free Week in 2010 to account for current technological advances that have exponentially increased screen use in schools and homes. For ideas to promote Screen-Free Week in your state, visit screenfree.org. All materials and tools are free and include the latest research, pledge cards, and celebration ideas. Find all at screenfree.org.



ABOUT EVERY CHILD A READER AND THE CHILDREN'S BOOK COUNCIL

Every Child a Reader (ECAR) is an award-winning 501(c)(3) national organization that celebrates and supports the powerful impact that books have on young people. ECAR oversees national reading programs, provides free books to students in need, fights book bans, and produces free, diverse educational resources to over 2,500 schools, libraries, bookstores, and community groups. ECAR's signature campaigns are: Children's Book Week, National Ambassador for Young People's Literature, Get Caught Reading, and Anna Dewdney Read-Together Award. More at everychildareader.net.

The Children's Book Council (CBC) is the nonprofit trade association for children's book publishers in North America. The CBC manages a portfolio of national book awards, creates educational programming, promotes diversity in book publishing, compiles curated reading lists for teachers, librarians, and booksellers, and fights against the banning of books. Learn more at cbcbooks.org.



ABOUT THE AMERICAN ASSOCIATION FOR THE CHILD'S RIGHT TO PLAY

The American Association for the Child's Right to Play is the USA Affiliate of the International Play Association (IPA USA). A 501(c)(3) organization that sponsors the National Day of Play, the third week of September each year, and the annual U.N. International Day of Play on June 11th. IPA USA provides annual conferences, town halls, and support for communities in crisis by working directly with communities to deliver days of play to help them heal. To learn more about IPA USA, please visit our website at