



HOW DO YOU BOOK?

Kids everywhere can join in the fun of Children's Book Week. The How Do You Book? Challenge asks young readers to explore what they read, how they read, and where they read. Kids of all ages can participate on their own, with adults, or in groups, using the provided activity ideas and questions.

HOW IT WORKS.

- Talk to kids about the what, where, and how of reading. In this challenge “book” is a verb.
 - *What do you book?* – Mystery? Books about science? Picture books?
 - *Where do you book?* – In your room? On the beach? In the car?
 - *How do you book?* – Upside down? Laying on the floor? In your favorite chair?
- Take a look at the various activities. Which ones look challenging? Which ones look like fun? Which ones encourage exploration of something totally new and different?
- Help kids complete one or more of the activities that stand out to them. They can complete as many as they want to create their own How Do You Book Declaration! (Examples available)
- Take a look at the declarations of others by following #HowDoYouBook on social media.
- Have a printer? Download our Challenge Certificate.
- Create! Kids can create a physical representation of their How Do You Book Declaration. It can be a drawing, poem, short story, clay model, video, photo, or any other visual representation of how they book.
- Share! Share declarations and visuals by posting online using #HowDoYouBook or emailing us at cbc.info@cbcbooks.org (Subject line: How Do You Book Challenge Declaration).

CHALLENGE



WHAT DO YOU READ?

- Think about the last book that you read and really loved. Now figure out what genre and/or format it was. Ask a friend or adult for a book recommendation in that genre and/or format and see if you love it as much.
- Do you already have a favorite genre? What genre feels like the opposite of that? Try reading a book in that opposite genre and see if you like it.
- Make a list of your favorite books and jot down what elements they have in common. Highlight three of them and go find books with those elements (you can ask a friend, librarian, bookseller, teacher, or parent for recommendations)
- Need a bit of help? Not sure what genres or formats you even like? Look at the WHAT'S MY FAVORITE GENRE? questions below to help guide you.

WHAT IS MY FAVORITE GENRE?

INSTRUCTIONS

Read the questions below and keep a tally of your answers (yes or no). Then check your answers against the results below and find out what your genre preferences might be. You can have multiple favorite types of books and even mix-and-match. Check out our long list of formats and genres at the end so you can find more great stories to dive into.

Don't forget to share *what* you book with your friends!



WHAT IS MY FAVORITE GENRE?

YES OR NO QUESTIONS

1. Are you competitive, into games, or sports?
2. Does the word “chemistry” conjure up images of labs and tables?
3. Do you like stories about crushes or unrequited love between characters?
4. Do you like faraway worlds?
5. Do you love scary stuff?
6. Do you crave stories set in space or in worlds that don’t actually exist?
7. Do you think other cultures are captivating?
8. Do books with contemporary characters appeal to you?
9. Do you like stories with dragons, witches, fairies, or magic?
10. Do you love playing cops and robbers?
11. Do you crave stories about passion or desire/forbidden love]?
12. Do you like discoveries or learning new things (numbers, science, history, cultures) when you read?
13. Is it important for you to figure out conundrums and secrets along with the characters as you read?
14. Are you into ancient cities and puzzles from ancient civilizations?
15. Do you love knowing about people’s lives?
16. Do books with romantic entanglements call to you?
17. Do you crave stories that could happen to you?
18. Do you think explorers are cool?
19. Do you enjoy books set in our current world?
20. Do you like exploring emotions internally or that involve others?



WHAT IS MY FAVORITE GENRE?

RESULTS

If you answered yes to questions 5, 10, 13, and 14 you are a lover of Mystery. You like mysteries and thrillers. This genre includes scary or detective stories where the characters and the reader have to figure out puzzles and unknown events in order for the story to develop. If you like finding out things and being clever than those around you, Mystery is what you book!

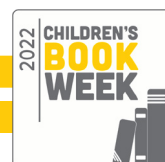
If you answered yes to questions 1, 4, 14, and 18 you are a lover of Adventure. You like action and adventure stories. This genre includes daredevil feats, explorers of ancient cultures, pirates, seafaring adventures to the arctic, and even sporting events. If you like to walk off the beaten path, Adventure is what you book!

If you answered yes to questions 3, 11, 16, and 20 you are a lover of Romance. You like Romance stories. This genre includes love, betrayal, jealousy, and tension between characters. If you like chemistry and deep emotions, Romance is what you book!

If you answered yes to questions 7, 8, 17, and 19 you are a lover of Realistic Fiction. You like contemporary and realistic fictional stories. This genre includes characters that could be your friends (or enemies), social and political issues we face today, recent events, and kids just like you. If you like to keep it real, Realistic Fiction is what you book!

If you answered yes to questions 2, 7, 12, and 15 you are a lover of Nonfiction. You like stories and discoveries that really happened. This genre includes the people and inventions in history, math, sciences, STEAM, anthropology, psychology, philosophy, and more. If you like all things nerdy and interesting, Nonfiction is what you book!

If you answered yes to questions 4, 6, 7, and 9 you are a lover of Fantasy. You like fantasy and sci-fi stories. This genre includes dragons, magic, spaceships, time travel, medieval knights, sword fights, lasers, and dystopian futures. If you like world-building, Fantasy is what you book!



WHAT IS MY FAVORITE GENRE?

GENRES AND FORMATS

Genres and formats are a way to describe stories and put them into different categories that can help you discover new things to read. Just like people, books don't easily fit into just one category and there are a ton to discover. Here is a list that you can explore. Ask your librarian, teacher, or bookseller for recommendations in a certain genre or format!

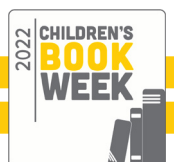
Genre: Different ways to classify or categorize books; e.g. A book about wizards can be categorized as fantasy.

- Action/Adventure
- Biography/Autobiography
- Cookbook
- Fairy Tale/Fable/Folktale
- Fantasy
- Fiction
- Foreign Language
- Historical Fiction
- Horror
- Humor
- LGBTQIA+
- Mystery / Thriller
- Nonfiction
- Poetry/Verse
- Realistic Fiction
- Religion and Spirituality
- Romance
- Science Fiction
- Self Help

Format: Describes the form, design, or arrangement of a book; e.g. The picture book format.

- Activity/How-To
- Anthology
- Audiobook
- Board Book
- Graphic Novel
- Novelty Book
- Picture Book
- Pop-up Book

Regardless of the genre, think about what you are already drawn to and how you can explore something new. Consider diversity in all its forms, characters, cultures, creators, topics, and formats. It's not about little kids vs big kids, romance vs sports, real vs made up. It is about your unique likes and combinations. You do you and discover what you book!





WHERE DO YOU READ?

- Make a list of all the places in your house/apartment/yard/playground/classroom and anywhere else that you spend your time. Grab a book and go visit a few of these spots to see where you are most comfortable reading.
- Become an anthropologist for a day and observe the reading habits of the people around you. Write down where they are reading and decide if you want to try out any of those locations next time you have a book in hand.
- Think of all the places you like to read. What do they smell like? What sounds do you hear as you read? What do you like to look up and see when you take a break from the page? Are there snacks? Think of some new reading places that have some of the same smells, sounds, sights, and tastes and expand your reading spots.
- Do you usually read in your head or out loud? Try them both and see which one is more fun and works better for you!
- Where does the book you're reading take place? A rainforest, a school, a park? Try to walk in the shoes of the character, wear a hat if they are an explorer in the rainforest.





HOW DO YOU READ?

- How do you normally read? Try doing the opposite. If you like to read laying down, read standing up. If you like to read in a comfy chair, try reading on the floor, etc. Still love your normal way of reading or can you find a new way to love?
- Try reading outside. Get a blanket and find a place to settle in with a good book. Can you read or do you get distracted by the world around you?
- Take a poll. Ask people in your life how they read and then test out some of their favorite ways of reading to see how you feel about them.
- Test your attention. Try reading one page in the book in these various settings and mark which you like better. Which helps you focus more:
 - In silence or with music?
 - In a noisy room or a quiet room?
 - Alone or around other people?
 - Sitting up or laying down?
 - With a drink/snack or without?





HOW DO YOU EXAMPLES?

How Do You Book? Declaration Examples.

- My name is and I like to read [type of book], [where], [how].
 - My name is Peter Pan and I like to read a good mystery, in my hideout, floating upside down.
 - My name is Curious George and I like to read books about bananas, while eating a banana snuggled by the fire.
 - My name is Alina Starkov and I like to read books filled with maps while laying in a wheat field.
 - My name is Mr. Lobster and I like to read books about adventures, while exploring dry land.
- Now make a physical representation of your How Do You Book Statement. Draw a picture, write a short story, create a comic strip, make a diorama/model. Share with us by email or on social media using #HowDoYouBook.

