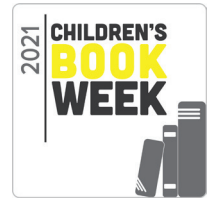


# Social Activism

Use these activities to help find your superpower



**SUPERPOWER (noun): a skill, personal trait, or passion that plays an important role in your life, helps you do good in the world, and makes you feel special, happy, and confident.**

Choose one or several of these activities and have fun discovering or reaffirming your superpower! Don't forget to ask for help and permission from your parent, caregiver, or teacher.

Not all of these activities are directly related to superpowers or superheroes, but will still help you to pinpoint your own personal superpower!

**Explore all the ways you can make positive change in society and find a cause you want to fight for.**

- Think of something that is important to you that is impacting your family, friends, or community. Find out who your congressperson and senators are and write them a letter.
- Set a goal and raise money to donate to an organization making positive change. You can ask your neighbors to donate, have a bake or yard sale, etc.
- Engage in community service with an organization whose mission you feel connected to. Contact the organization to see what ways you and your family can be involved.
- Create a lawn sign that expresses the things that are important to you and your family.
- Inspire your friends and family to make positive change, too. Have them each come up with their superpower that involves helping others. Share your superpowers with each other and then as a group, brainstorm ways that each person can put that superpower to work in the real world.
- Explore the amazing resources at [rootsandshoots.org](https://rootsandshoots.org). This initiative of the Jane Goodall Institute offers advice and ideas on how young people can make positive change in their communities. You can create an account, share your projects, find a group of kids already working together, and start your own group.
- Connect with an adult in your community who is involved in social activism. It could be a neighbor, parents, religious or political leader. Come up with a list of questions you can ask them about how they engage in social activism and what advice they have for you.
- Write a short story or poem about social activism.
- Draw a comic strip or page of a picture book that features social activism.
- Read one book from the themed book list and share it with a friend or family member.
- Ask for a book recommendation on the theme from a friend, family member, teacher, or librarian.
- You found a great book about social activists? Sit down with a parent, family member, family, teacher and read to them your favorite paragraph or chapter so you can talk about it.