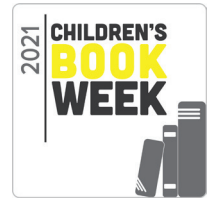


The Humanities

Use these activities to help find your superpower



SUPERPOWER (noun): a skill, personal trait, or passion that plays an important role in your life, helps you do good in the world, and makes you feel special, happy, and confident.

Choose one or several of these activities and have fun discovering or reaffirming your superpower! Don't forget to ask for help and permission from your parent, caregiver, or teacher.

Not all of these activities are directly related to superpowers or superheroes, but will still help you to pinpoint your own personal superpower!

These activities cover a wide range of topics from literature to history, anthropology to archeology.

- Start a book journal, write down all the books you read and what parts you liked and did not like.
- Research a specific year or time period in the past. What important things happened then and what was life like for people? Then you can draw a picture, write a short story, poem, or comic strip with a fictional character during that time.
- Make a list, vision board, or drawing of fictional book characters who have inspired you.
- Make a list, vision board, or drawing of historical figures who have inspired you.
- Write a letter to one of your favorite fictional or historical characters. Tell them how they have inspired you or helped to shape your actions.
- Draw a map of an imaginary place or of a country you want to visit.
- Alternate history: When you learn about a new period in history, imagine and write a short story or drawing about how life would be different if that event hadn't occurred.
- Write a short story or poem about history, literature, archeology, or another of the humanities.
- Draw a comic strip or page of a picture book that history, literature, anthropology, or another of the humanities.
- Read one book from the themed book list and share it with a friend or family member.
- Ask for a book recommendation on the theme from a friend, family member, teacher, or librarian.
- You found a great book? Sit down with a parent, family member, family, teacher and read to them your favorite paragraph or chapter so you can talk about it.